HOME SELF TESTING

TRAVELLING TO WORK (if well)

ARRIVAL AT WORK

DURING WORK

DURING WORK

CHECKYOUR TEMPERATURE!

We will provide a thermometer for you to check your temperature daily before travelling to work

ANY OTHER SYMPTOMS?

If you – or anyone in your bubble have any symptoms
DO NOT COME TO WORK!

REPORT YOUR CONDITION

Call or message DAVID to advise on your ability to work

GET TESTED

Call the NHS III (triple one)

SIGN ON TO COVID
SYMPTOM TRACKER APP

STAY HOME

Self isolate until clear of symptoms

DO NOT TRAVEL
IF YOU HAVE
SYMPTOMS

TRAVEL OUTSIDE OF RUSH HOUR

Unless you are specifically required otherwise your daytime working hours will be 10.30 - 6.30

WEAR A DISPOSABLE MASK

The Union will provide you with disposable masks for travelling

BRING A CHANGE OF CLEAN CLOTHES

And change out of your travelling clothes when you arrive at work

WASH YOUR HANDS AND SANITISE ON ARRIVAL

Sanitizer is available in reception and in the staff changing room

DISPOSE OF YOUR TRAVEL MASK

There will be a bin at the front door. Call David or Peter before entering the building

WEAR YOUR WASHABLE MASK

The Union will provide you with 2 washable masks. It is your responsibility to wash these at home and to bring a clean mask to work

LET THE UNION TAKE YOUR TEMPERATURE

As soon as you arrive at work (or shortly afterwards if cycling)

REPORT ANY SYMPTOMS

Do not enter the building if you suspect you have symptoms

CHANGE YOUR CLOTHES

Put on clean work clothes

MAINTAIN 2M
DISTANCING
WHEREVER POSSIBLE
Work your section

WEARYOUR MASK At all times

WASH YOUR HANDS AND SANITISE

Do this every 20 minutes

CLEAN & SANITISE ALL SURFACES

Do this constantly

USE THE GFB MEMBER HOLDING AREA

Avoid bottlenecks

ADVISE MEMBERS to KEEP COATS AND BAGS

SHOW MEMBERS the SANITIZER POINTS

ADVISE MEMBER THAT TABLES ARE NUMBERED

So they can find it themselves

ADVISE MEMBER ON ON-LINE MENU Take orders from 2m

ADVISE MEMBER ON ONE USE PAPER MENUS Take orders from 2m

ASK MEMBER TO PAY
AT THE BAR
Sanitize the PDQ after use

ADVISE THE MEMBERS ON THE ALTERNATIVE EXIT

Through the Studio

CLEAN AND SANITIZE!

Use the spray bottles provided all day long

WASH YOUR HANDS & SANITISE